

# TERM 1, 2025:

# WRAP-UP

**MOB**  
ACADEMY



## AS TERM 1 COMES TO AN END, WE'RE TAKING A STEP BACK TO APPRECIATE HOW MUCH HAS BEEN ACHIEVED.

This term has been filled with hard work, personal growth, and plenty of challenges that have shaped our young men into better learners and leaders. Whether in the classroom, the gym, or during everyday moments, it's clear that each of our young men has made meaningful progress.

We also want to take a moment to recognise the amazing work of our staff. Your creativity and innovative approach to shaping our students' experiences are what set MOB Academy apart - thank you for everything you do to make this such a special place.

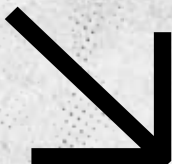
A big term behind us, and plenty more to come!

## MOB METRICS

In Year 11 Maths, our boys have been strengthening their foundation in algebra, geometry, and data analysis. Through problem-solving and critical thinking, they're building the skills needed for more complex topics ahead, and their confidence is growing.

Year 12 will focus on shape, measurement, and scale, with an exciting challenge to design a scaled diagram of a new outdoor space that combines fun and functionality for our academy community. This project gives them a chance to apply their learning creatively.





## MOB SUCCESS

This term, our Year 11 and Year 12 students in MOB Success have been engaging in valuable experiences shaping their personal growth and future paths.

The Year 11s have explored work experience, education, mental health support, and the concept of identity, gaining confidence and ownership of their learning journey.

For Year 12, the focus has been on the impact of lifestyle choices, sustainability, and social change. They put their learning into practice with a Shark Tank-style pitch, developing real-world solutions to important issues.

## MOB ADVENTURE

In MOB Adventure, both Year 11 and Year 12 students have been building practical skills for life.

Year 11s have focused on improving cardiovascular fitness, exploring energy systems, training methods, and injury prevention. They've been working on their 2km time trials and beep tests, with a highlight being a simulated altitude experience at Air Locker Training.

Year 12s have been developing skills in swimming, stand-up paddleboarding, and snorkelling while learning about the environment. Their final challenge is designing a 'Snorkelling Safari' for a local tour company, combining investigation, planning, and performance.

## MOB LIFE

The MOB Life program has been off to a strong start this term. Our students have been engaging in meaningful conversations and experiences that are helping them navigate their journey to adulthood. From developing self-awareness to mastering practical life skills, the boys have made significant strides towards becoming confident, capable leaders. This foundation will continue to grow in the terms ahead.



BETTER MEN BUILD



BETTER MEN BUILDING

## SPORTS HIGHLIGHTS

Term 1 has been a busy start for sports at MOB Academy, with teams preparing for a big year ahead:

- **Rugby League:** The team has been honing their skills and teamwork, with regular training sessions to improve fitness and gameplay. The boys will wrap up the term with a development camp alongside the Futsal and Basketball teams at Runaway Bay Performance Centre. Next term, an 18-man squad will be selected for the Titans Cup. Special thanks to XTWO Projects and CSI Club Southport for sponsoring the team.
- **Basketball:** After a competitive trial round, the team is now set with a 12-player roster. Under Coaches Noah and TK, they're in full training mode, ready for upcoming challenges. A big thank you to The Pohl Foundation and SMSFLC for sponsoring the team.
- **Futsal:** The Development Program kicked off this term, with training at the Gold Coast Sports and Leisure Centre. They've been focusing on skills, teamwork, and strategy, and competed in the AFA Brisbane Metro Tournament. Several tournaments, including the QSF Veto Cup and AFA Gold Coast, are ahead, and the team is ready.

## MOB CULTURE

This term, our MOB Culture crew had the privilege of hearing from Alwyn (Froggy) Davey, an Indigenous AFL player. Froggy shared his experiences with racism in sport, discussed its impact on mental well-being, and offered strategies for handling criticism and staying focused. His chat emphasised respect, unity, and resilience, and we're grateful for Froggy's time and wisdom.

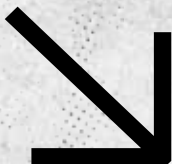


## SPECIAL RECOGNITION

This term, we'd like to recognise the hard work of our Year 12 lads:

- **Jordan D** completed his Cert III in Business with NewsXpress Pacific Fair and continues to work there while studying at MOB.
- **Cooper S** also completed his Cert III in Business with NewsXpress Pacific Fair and is gaining hands-on experience while continuing his studies.
- **Jamie M** signed up for a Cert III in Business with Yakka Careers, working with East Coast Crane in Ormeau and working towards his real estate aspirations.
- **Tim D** is working as a junior coach with Southern Cross Martial Arts while pursuing a Cert III in Sports Coaching.
- **Sunny** is balancing work at Mr Bake and TAFE while continuing his studies. A huge thank you to Mitchell and the team at Mr Bake for the real-world experience.

We're incredibly proud of all our students and the dedication they've shown in their growth and development. A big shout-out to our amazing Pathways Team, whose hard work and support have played a key role in opening doors for our lads—whether it's through certs, job opportunities, or other pathways.



## CONNECT BREAKFAST

This term, we had the pleasure of welcoming staff from 14 schools to launch our Year 10 Immersion Program! The breakfast was a great opportunity to connect, introduce who we are, and showcase our facilities. We aimed to help schools understand how MOB Academy supports young men and ensure a smooth transition for students who will thrive here.

We're committed to setting students up for success, identifying the right Year 10s, and creating a safe, trusting environment for them to flourish. Our partnerships with Gold Coast schools are invaluable, and the shared passion for supporting young people drives everything we do.

This collaboration is at the heart of what makes MOB Academy so special! Thank you to everyone who joined us—we look forward to continuing our partnership moving forward.

## STAFF WELLBEING

With so much happening at MOB Academy, it's important that we take time for ourselves and support each other. Our mid-term wellness gathering gave our team the chance to slow down, reflect, and recharge. A big thank you to Nicola Laye for guiding us through mindfulness and breathwork—giving us the space to reconnect and recharge as a team.

## STUDENT WELLBEING

- 78% average daily attendance
- Psychologist support provided to 96 students
- Led self-reflection sessions for Year 12 and self-care sessions for Year 11
- Facilitated a music program to support emotional expression, social skills, and relationship-building
- Provided parenting support for 9 families
- Engagement team held 59 individual support conversations

## KEY DATES FOR TERM 2

**Tuesday 6th May – Thursday 29th May** – Year 11 Career Exploration Interviews

**Thursday 15th May** – Gold Coast Careers Festival Excursion

As we wrap up Term 1, we want to wish all our students, staff, and families a safe and restful holiday break. Take the time to recharge and enjoy time with loved ones! Term 2 starts on Tuesday, 22nd April - we can't wait to see you all back, ready for another big term ahead.

Wishing you a happy and safe Easter.

*See you NEXT TERM!*